



SACRED ECHOES



Evaluate *your Journey*

WELCOME TO THE LISTENING SESSION

HERE ARE SOME THINGS TO THINK ABOUT BEFORE
YOU GO THROUGH THE AUDIOS

1. When did you first become aware of a tension or harmony between your queer identity and your spiritual life? What sound, place, or moment do you associate with that awareness?
2. What spiritual practices, rituals, or spaces have felt most affirming—or most challenging—to you as a queer person, and relationship with faith or spirituality?*
3. In what ways has your spirituality served as a source of resilience, resistance, or healing in the face of exclusion, stigma, or silence, and can you recall a specific moment when this felt especially true?
4. How do you navigate belonging both within queer communities and within spiritual or religious communities, and are there moments when you have felt fully seen in both, or must you choose between them?
5. If your queer spiritual journey had a soundtrack, what sounds, songs, chants, or silences would it include?
6. What do these sounds reveal about how you move through the world as a queer spiritual person?***

DATE _____



AUDIO 1

AUDIO 2

WHAT RELIGIOUS SOUNDS WERE YOU
ABLE TO IDENTIFY, AND WHAT DID THEY
INVOKE FOR YOU?

WHAT ACCOUNTS OF THE PARTICIPANT
RESONATE WITH YOU MOST AND YOUR
EXPERIENCE?



AUDIO 3

AUDIO 4

WHAT RELIGIOUS SOUNDS WERE YOU
ABLE TO IDENTIFY, AND WHAT DID THEY
INVOKE FOR YOU?

WHAT ACCOUNTS OF THE PARTICIPANT
RESONATE WITH YOU MOST AND YOUR
EXPERIENCE?



AUDIO 5

AUDIO 6

WHAT RELIGIOUS SOUNDS WERE YOU
ABLE TO IDENTIFY, AND WHAT DID THEY
INVOKE FOR YOU?

WHAT ACCOUNTS OF THE PARTICIPANT
RESONATE WITH YOU MOST AND YOUR
EXPERIENCE?



AUDIO 7

AUDIO 8

WHAT RELIGIOUS SOUNDS WERE YOU
ABLE TO IDENTIFY, AND WHAT DID THEY
INVOKE FOR YOU?

WHAT ACCOUNTS OF THE PARTICIPANT
RESONATE WITH YOU MOST AND YOUR
EXPERIENCE?



AUDIO 9

AUDIO 10

WHAT RELIGIOUS SOUNDS WERE YOU
ABLE TO IDENTIFY, AND WHAT DID THEY
INVOKE FOR YOU?

WHAT ACCOUNTS OF THE PARTICIPANT
RESONATE WITH YOU MOST AND YOUR
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Thank you for participating
Audios can be found online at
<https://sacredechos.online>

